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Dancing Lessons: How I Found Passion And Potential On The Dance Floor And In Life



Synopsis

The inside story of the life of Cheryl Burke, TV star, dancer, choreographer, and two-time champion on the top-rated TV hit series *Dancing with the Stars*. Cheryl Burke has been dancing since the age of four and competing since she was thirteen years old. Over several exciting seasons, she has captivated audiences of *Dancing with the Stars* with her incredible dance performances, Emmy-nominated choreography, high energy, and bright smile. In *Dancing Lessons*, she takes you from her childhood years into the world of competitive ballroom dancing and on to *Dancing with the Stars*. Includes behind-the-scenes stories and photos from the life of the first two-time champion of *Dancing with the Stars*. Shares lessons Cheryl has learned from her celebrity partners on *Dancing with the Stars*, from Drew Lachey to Chad Ochoyocin. Includes personal revelations concerning Cheryl's childhood, weight issues, and the media. In *Dancing Lessons*, Cheryl Burke whisks you away to a world full of dancing, entertainment, and living to the max. In each chapter, you will discover a depth of passion in Cheryl's life that perfectly matches the commitment she displays on the dance floor. Cheryl's accounts of being a powerful woman putting her talent to work will inspire readers everywhere to pursue their own dreams. "Not only an amazing dancer, but a kick-ass woman to look up to." —Jenny McCarthy

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Customer Reviews

Summary: Cheryl Burke, former professional dancer on Dancing with the Stars, tells about her experience working on Dancing with the Stars as well as her childhood, including sexual abuse by a family friend. Pros: I'm a big fan of Cheryl and Dancing with the Stars so I was very interested to read this biography. I learned some interesting things I didn't know about Cheryl, such as she was very camera shy when she first started on television. I am also a childhood sexual abuse survivor, so it was inspiring to read about Cheryl's experience, particularly when she went to trial to testify against her abuser. This was very similar to my experience, and so I was particularly interested in this section. Cons: The book is slightly disjointed and jumps around following styles of dance, rather than anything chronological. The book was also written awhile ago, so there is nothing about her recent partners. There is also very little new information about Dancing with the Stars or much a fan wouldn't already know. It seems that the book was written too early. I think Cheryl's career and life will continue to become more nuanced and interesting and I would rather read a book written by her five years from now versus one from a few years ago. Conclusion: If you are a fan of Cheryl, you will enjoy the book but you won't learn much you didn't already know.

I sat down this morning with my book club selection and thought about reading some more of it but I knew that this book had been delivered to my Kindle a few days ago and was dying to get a taste. I'm a crazed DWTS fan and have always respected Cheryl's immense talent, but was leery that this book might be a trivial let down, I was wrong!!!! I decided I'd sneak a taste and that turned into a 4 hour cover-to-cover read with YouTube stops along the way. What a treat!!! Her words made me laugh and they also brought a few tears to my eyes as well. Cheryl and I share the same hometown of the Bay Area and I'm also half Asian and Caucasian, so I've always kind of related to her on some level and although I'm 19 years her senior, I've always felt a kinship to her. This book is a really easy, entertaining, heartfelt and self-actualized read. I was tremendously surprised at her maturity and overall sense of accomplishment, not just in her professional life but at the adversity she has had to rise above. She seems to be a woman who's really tried and succeeded at learning the lessons we all learn in our twenty's and not making any excuses for them or justifying any lack of responsibility for their existence. I commend her as there are many people far older still trudging that beaten road!! If you are a fan of dancing in any way, I think you will find this a fulfilling way to

spend a few hours! And thanks Cheryl, for your honesty and candid words, they were a joy, as are you.

Ms. Burke told her story well. It was interesting to understand how she developed from a young competitive ballroom dancer into a worldly public figure, and to hear how she surmounted the issues of her new-found public life as well as the personal issues she had from her childhood experience. It would be interesting to read an autobiography or biography of her mother after reading this. She sounds just as interesting as Cheryl. The title is apt because through dancing, Cheryl learned the lessons of interaction with other people and entities, how it can go badly wrong, and how it can go amazingly well.

Nice behind the scenes description of the relationships formed between professional dancer and contestant. I bought this as a prelude to the new season that was to start in a month. I was disappointed that Cheryl was not one of the professionals in this season. It was great however to see all the projects and activities that are making Cheryl flourish on her own! It was also very interesting to read how her childhood and relationships helped her to grow into the person she is today. I look forward to seeing her on the show again in the future!

Cheryl Burke eloquently expresses glimpse of her private life and rise on Dancing With The Stars.

As DWTS addict, I enjoyed this book a lot and it was icing on the cake that I actually got to meet Ms Burke soon after buying the book. She seems just as nice in person as you'd be led to believe in reading the book. It's interesting to have read about some of the fears and challenges she's had to overcome and then compare that to the confident performer and TV personality she's become outside the ballroom.

I enjoyed reading this book, there was a lot of info that I never knew about her included in this book, such as her being a victim of childhood molestation & how she was afraid to tell anyone. If you are a Cheryl fan, you really should read this.

I don't think that there is enough depth to this book as I feel Cheryl is too young to write an autobiography.

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